

2015-2017 - Boys and Girls - FALL Schedule (12 Sessions - MONDAYS)

Sept 8 - Individual and Group Skills

Sept 15 - Individual and Group Skills

Sept 22 - Individual and Group Skills

Sept 29 - Game Learning/Drills

Oct 6 - PLAY DAY

Oct 13 - NO SESSION (Thanksgiving)

Oct 20 - Individual and Group Skills

Oct 27 - Individual and Group Skills

Nov 3 - Game Learning/Drills

Nov 10 - PLAY DAY

Nov 17 - Individual and Group Skills

Nov 24- Individual and Group Skills

Dec 1 - FINAL PLAY DAY

2013/2014 Boys and Girls SECTION "A" - FALL 2025 Schedule
(23 Sessions - Tuesdays/Sundays)

Sept 7 - Organizational Team Creation/ Ball Control
Sept 9 - Organizational Team Creation/ Ball Control
Sept 14 - First "Team" Practice - Group Skills - Game/Wash Opportunities here
Sept 16 - Practice - Individual/Group Skill Work
Sept 21 - PLAY DAY #1 (2 Hour Full Round Robin Mini Tournament)
Sept 23 - Practice - Individual/Group Skill Work
Sept 28 - Practice - Individual/Group Skill Work
Sept 30 - Practice - Game Like Drills/TeamPlay/Team Learnings
Oct 5 - PLAY DAY #2 (2 Hour Full Round Robin Mini Tournament)
Oct 7 - Practice - Individual/Group Skill Work
Oct 12 - NO SESSION
Oct 14 - Practice - Individual/Group Skill Work
Oct 19 - Practice - Individual/Group Skill Work
Oct 21 - Practice - Individual/Group Skill Work
Oct 26 - Practice - Individual/Group Skill Work
Oct 28 - PLAY DAY #3 (2 Hour Full Round Robin Mini Tournament)
Nov 2 - Practice - Individual/Group Skill Work
Nov 4 - Practice - Individual/Group Skill Work
Nov 9 - Practice - Individual/Group Skill Work
Nov 11 - NO SESSION
Nov 16 - PLAY DAY #4 (2 Hour Full Round Robin Mini Tournament)
Nov 18 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)
Nov 23 - Practice - Individual/Group Skill Work
Nov 25 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)
Nov 30 - FINAL TOURNAMENT - 8:30am - 12:30pm

2011/2012 Boys and Girls - WINTER Schedule SECTION "A" - FALL 2025 Schedule
(23 Sessions - Wednesdays/Sundays)

Sept 7 - Organizational Team Creation/ Ball Control

Sept 10 - Organizational Team Creation/ Ball Control

Sept 14 - First "Team" Practice - Group Skills - Game/Wash Opportunities here

Sept 17 - Practice - Individual/Group Skill Work

Sept 21 - PLAY DAY #1 (2 Hour Full Round Robin Mini Tournament)

Sept 24 - Practice - Individual/Group Skill Work

Sept 28 - Practice - Individual/Group Skill Work

Oct 1 - Practice - Game Like Drills/TeamPlay/Team Learnings

Oct 5 - PLAY DAY #2 (2 Hour Full Round Robin Mini Tournament)

Oct 8 - Practice - Individual/Group Skill Work

Oct 12 - NO SESSION

Oct 15 - Practice - Individual/Group Skill Work

Oct 19 - Practice - Individual/Group Skill Work

Oct 22 - Practice - Individual/Group Skill Work

Oct 26 - PLAY DAY #3 (2 Hour Full Round Robin Mini Tournament)

Oct 29 - Practice - Individual/Group Skill Work

Nov 2 - Practice - Individual/Group Skill Work

Nov 5 - Practice - Individual/Group Skill Work

Nov 9 - Practice - Individual/Group Skill Work

Nov 12 - NO SESSION

Nov 16 - PLAY DAY #4 (2 Hour Full Round Robin Mini Tournament)

Nov 19 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)

Nov 23 - Practice - Individual/Group Skill Work

Nov 26 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)

Nov 30 - FINAL TOURNAMENT - 8:30am - 12:30pm

Born 2011/2012 EXCEL - Boys and Girls - WINTER Schedule FALL 2025 Schedule
(23 Sessions - Thursdays/Sundays)

Sept 7 - Organizational Team Creation/ Ball Control
Sept 11 - Organizational Team Creation/ Ball Control
Sept 14 - First "Team" Practice - Group Skills - Game/Wash Opportunities here
Sept 18 - Practice - Individual/Group Skill Work
Sept 21 - PLAY DAY #1 (2 Hour Full Round Robin Mini Tournament)
Sept 25 - Practice - Individual/Group Skill Work
Sept 28 - Practice - Individual/Group Skill Work
Oct 2 - Practice - Game Like Drills/TeamPlay/Team Learnings
Oct 5 - PLAY DAY #2 (2 Hour Full Round Robin Mini Tournament)
Oct 9 - Practice - Individual/Group Skill Work
Oct 12 - NO SESSION
Oct 16 - Practice - Individual/Group Skill Work
Oct 19 - Practice - Individual/Group Skill Work
Oct 23 - Practice - Individual/Group Skill Work
Oct 26 - PLAY DAY #3 (2 Hour Full Round Robin Mini Tournament)
Oct 30 - Practice - Individual/Group Skill Work
Nov 2 - Practice - Individual/Group Skill Work
Nov 6 - Practice - Individual/Group Skill Work
Nov 9 - Practice - Individual/Group Skill Work
Nov 13 - NO SESSION
Nov 16 - PLAY DAY #4 (2 Hour Full Round Robin Mini Tournament)
Nov 20 - Practice - Individual/Group Skill Work
Nov 23 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)
Nov 27 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)
Nov 30 - FINAL TOURNAMENT - 1:00-4:00pm

Born 2008-2010 Boys and Girls - WINTER Schedule FALL 2025 Schedule
(23 Sessions - Thursdays/Sundays)

Sept 7 - Organizational Team Creation/ Ball Control
Sept 11 - Organizational Team Creation/ Ball Control
Sept 14 - First "Team" Practice - Group Skills - Game/Wash Opportunities here
Sept 18 - Practice - Individual/Group Skill Work
Sept 21 - PLAY DAY #1 (2 Hour Full Round Robin Mini Tournament)
Sept 25 - Practice - Individual/Group Skill Work
Sept 28 - Practice - Individual/Group Skill Work
Oct 2 - Practice - Game Like Drills/TeamPlay/Team Learnings
Oct 5 - PLAY DAY #2 (2 Hour Full Round Robin Mini Tournament)
Oct 9 - Practice - Individual/Group Skill Work
Oct 12 - NO SESSION
Oct 16 - Practice - Individual/Group Skill Work
Oct 19 - Practice - Individual/Group Skill Work
Oct 23 - Practice - Individual/Group Skill Work
Oct 26 - PLAY DAY #3 (2 Hour Full Round Robin Mini Tournament)
Oct 30 - Practice - Individual/Group Skill Work
Nov 2 - Practice - Individual/Group Skill Work
Nov 6 - Practice - Individual/Group Skill Work
Nov 9 - Practice - Individual/Group Skill Work
Nov 13 - NO SESSION
Nov 16 - PLAY DAY #4 (2 Hour Full Round Robin Mini Tournament)
Nov 20 - Practice - Individual/Group Skill Work
Nov 23 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)
Nov 27 - Practice - Positional Work (how to be a setter/Power Hitter/Libero etc)
Nov 30 - FINAL TOURNAMENT - 1:00-4:00pm